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Thirteen Years of  
EASTVIEW LIGHTNING FASTPITCH



Mission Statement  
“Now and Forever... We are One”

Program Goals:

- 1) “We” before “me”
- 2) Work Hard Everyday
- 3) Always Play With Class
- 4) Continually Improve
- 5) Play Hard, Work Hard, Have Fun
- 6) Treat Opponents & Teammates with Dignity & Respect
- 7) Win with style, lose with grace
- 8) Understand and achieve success

Individual Goals:

- 1) Make Eastview Varsity
- 2) Make All-Conf, All-Region, &/or All-State
- 3) Play College Softball
- 4) Other Individual Goals (Goal-setting strategies coming)

<http://www.district196.org/evhs/athletics/spring/softball/index/>



## EASTVIEW LIGHTNING FASTPITCH



### Coaches' Expectations of Each Player

It is our belief that being involved in athletics has a lasting impact on the life of the athlete if she is willing to put forth the correct attitude and effort. By following a few guidelines we can all enjoy a rewarding experience.

- 1. High expectations for the classroom, field, and the community**
  - School comes first; we will take academic progress very seriously
  - Attendance/tardies & behavior in school is a direct reflection of our program
  - Players with a grade of 'D+' or below in any class will be ineligible to participate in games until the player can provide evidence that she is in the passing range in that class
  - Be prompt to practices and games - commitment shows
  - Missing mandatory team functions (meetings, games, practices, other events) *can and will* affect playing time.
  - We all represent Lightning Fastpitch everywhere we go
  - You never get a second chance to make a first impression
- 2. Bring a positive, "team first" attitude to the field each day**
  - We can do anything we put our minds to
  - We will be successful if we do things for the team, rather than ourselves
- 3. Hard work is what makes a champion**
  - We want to be better at the end of the year than at the start of the season
  - Hustle in practice leads to hustle during games. You play like you practice
- 4. Have Fun**
  - Play fastpitch for the right reasons - because you enjoy it!
  - Don't interfere with others' right to get the most out of their experience
  - We have fun by working hard and accomplishing our goals together

**"Success is a Journey, Not a Destination."**



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## EASTVIEW LIGHTNING FASTPITCH



### **Player, Parent, Coach, and Fan Conduct**

- Eastview fastpitch coaches expect all players, coaches, parents, and fans to have class in their actions. "If you have class you don't need much of anything else."
- Respect for all participating teams, coaches, fans, and umpires is not only encouraged, but expected. Coaches know this can be difficult for all of us at times, but remember, we are teaching life-long lessons through our actions.
- Support for our program, our coaches, our school, and teams at all levels of play will make us a much stronger organization. You are not first and foremost on any particular *team*; rather, you are a member of the Eastview High School Fastpitch Program!
- - remember that when you are in the community, outside of school, or in school, you are a reflection of the entire softball program. Be sure that you are making choices that your teammates and coaches would be proud of.
- Be respectful towards yourself and others when you posting items on your Facebook page or other media sites. Do not post something that could be hurtful or harmful to others. Keep all pictures and items PG...meaning your parents would approve of what is on it!



## EASTVIEW LIGHTNING FASTPITCH



### Equipment

- Everyone is responsible for any equipment/uniforms checked out to you.
- Check the condition of your equipment the night **before** a game or practice.
- Each player is required to wear the school issued game equipment on game days, is to provide her own necessary equipment, and is not to wear game jerseys, shorts, or game pants to practice.
- Pants must be worn at all times (not shorts) unless your coach specifically determines shorts are appropriate for certain practice days.
- Any clothing from another softball team or program is not considered acceptable practice attire. Take pride in YOUR team!
- If you do not have the right uniform, you may not be able to play!! Come PREPARED!!
- Everyone will be expected to help with the team equipment as well as caring for the upkeep of our fields and stadium.
- Please come prepared for practice – appropriate clothing every day!
- PLEASE BE SURE ALL EQUIPMENT IS TURNED IN AS SOON AS YOUR SEASON HAS ENDED! Fines will be handed out and you will not be able to participate in another sport or graduation until you have turned in your school-issued equipment.

### Game Travel

- It is an Eastview High School policy that all players must ride the school sponsored transportation to every contest if it is provided! Knowing that emergency situations do arise, a permission slip must be pre-signed by the parent who will provide substitute transportation. Under no circumstances will students be allowed to provide her own method of transportation when transportation is provided by the district.



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## EASTVIEW LIGHTNING FASTPITCH



### **Practice and Game Participation**

- All forms must be turned in to the office, and a spring sports card must be issued before you will be allowed to participate. All equipment from any other sport must be turned in if you are to be eligible.
- Anyone missing school for more than three class periods will not be allowed to participate in any activity that day. (School policy not applicable to school authorized events)
- **You are expected to be at every practice, game, and team function. Playing time may be decreased if this is not the case.**
- **If you are going to be gone from any game or practice for ANY reason, YOU (the player) must personally or by phone/email notify your coach ahead of time. Failure to do so WILL result in a loss of playing time.**
- **If middle school players need to be released early for a game the coaches and middle school Athletic Directors will determine that time. Players are not allowed to leave before this time with a parent note. Players are not allowed leave school early to get to practice at an earlier time.**
- Coaches at the Varsity/JV level will use their discretion, as well as the above factors, to put the most competitive team on the field.
- Coaches at 9<sup>th</sup> and 10<sup>th</sup> Grade levels will use their discretion, as well as the above factors, to help all players develop their skills while keeping their teams competitive. This does NOT mean equal playing time for every player as that is up to the discretion of the coach.
- Coaches will also take into consideration the time that middle school players are released from school and travel time to get to Eastview HS.



## EASTVIEW LIGHTNING FASTPITCH



### School Discipline Policies

- Anyone receiving In School Suspension will not be allowed to participate until the penalty is served in its entirety. A second offense will cause a parent/player/coach conference along with a suspension, which will be double in length to the school punishment. A third time will result in the player being dismissed from the team for the remainder of the season.
- Anyone receiving Out of School Suspension will not be allowed to participate until they have returned to school. The second time will result in the player being dismissed from the team for the remainder of the season.
- You are expected to attend class regularly and be on time. Anyone who receives detention for excessive tardies, a skipped class, or any other disciplinary reason will serve it on the date scheduled, and may be forced to miss the scheduled activity. (This WILL result in a loss of playing time if a scheduled activity is missed)
- Please refer to the MSHSL rules and regulations printed in your sign-up materials. All of these rules and consequences will be strictly adhered to. In addition, if a player is found to be in violation of the substance abuse policy out of season, she will not be allowed to participate for two weeks or for 25% of the team's games, whichever is longer. A second violation will result in removal from the program. A violation during the season will result in immediate removal from the program.
- Players in violation of MSHSL or team rules will forfeit the opportunity to win post-season school awards, such as (but not limited to) the Lightning Award or team MVP. Such a player will also be ineligible to be a captain if the violation occurs after the completion of her freshman year. If a captain is caught in violation, she will lose her captaincy.
- A student who is at 70% or below in a class will not be allowed to participate in a practice or a game until she has met with her teacher, completed a series of questions with the teacher and the coach has received the information back from the player. It will be up to the teacher if the player needs to stay after school and complete assignments or tests to improve her grade. If so the player will have to miss practice and face the consequences of missing a practice.



## EASTVIEW LIGHTNING FASTPITCH



### Lettering Requirements

-For the student/athlete to earn an athletic letter in Varsity Fastpitch they must meet a list of criteria. It is important to understand that an athletic letter stands for more than just being on the roster. It shows a sense of commitment, talent, and attitude which is demanded at the highest caliber of play in our program. Listed below are the requirements which must be met.

1. Must participate in (on the field or on the bench) in at least half of the varsity team's regular season games and tournaments.
2. You **may** letter (this is not an automatic criteria) by playing on the varsity only during the playoffs, but this is up to the discretion of the coaching staff.
3. Players must complete the entire season, with the exception of season ending injuries. (These players will still be expected to participate in all team functions)
4. Must have followed any and all rules set by the MSHSL as well as those policies set by our program. Any student receiving an MSHSL violation during the season will NOT be eligible to earn a Varsity Softball Letter.
5. Must display an attitude of good sportsmanship on the field and good citizenship off of it. This includes having pride in your team, your school and yourself.
6. Players must be making academic progress towards graduation and must have a 70% or better in all of their classes.
7. If there is any special situation which can not be handled by the above guidelines it will be up to the coaching staff to reach a decision.



# EASTVIEW LIGHTNING FASTPITCH



## Parental Concerns/Conflicts

-It is our belief that all parties involved in any conflict which may arise all want one thing, what is best for the student-athlete. Because of this reason we have come up with a few guidelines to follow when having a concern.

24 Hour Rule: Players may not approach a coach before a game, during a game, after a game or during a practice to discuss playing time. 24 hours gives everyone involved time to cool down, think about what happened and an appropriate way to approach the situation.

1. We will only speak to a concerned parent **after** we have talked to a concerned athlete first. (No emails)
2. The time to discuss a concern is not at the heat of the moment at the field. Instead we will deal with all concerns in a timely and professional manner. (see above)
3. Any time a meeting is required to solve an issue with a parent, the athlete, parent(s), coaching staff and possibly the athletic director must all be involved.
4. Our team will have success if everyone (parents, athletes, and coaches) works together, and most importantly supports each other. Any meeting with player, coaches and parents will be held at the school during school hours – not via email.
5. We will always be open to questions and concerns, but please be considerate of friends and family members and direct those concerns appropriately. (Voicing them in the stands doesn't solve anything)

With all of this said, we are looking forward to a great 2011 softball season. With all of us working together with the same philosophy great things can be accomplished. There is no substitute for great kids and that is something with which this program is blessed! Let's have a great season!

## The Lightning Coaching Staff

Head Coach

Mike Haugh (651)-683-6969 x18822  
[mike.haugh@district196.org](mailto:mike.haugh@district196.org)

Assistant Varsity

Nicole Newton

Assistant Varsity

Brad McCumber

J.V. Coach

Jenny Gensch

10<sup>th</sup> Grade Coach

Danielle Johnson

9<sup>th</sup> Grade Coach

Dave Pugh

Paul Hassett



# **Eastview Lightning Fastpitch Softball Player Expectations 2011**



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